



**VERY HAPPY 225TH
BIRTHDAY
TO
OUR VERY BELOVED
ST. MARY EUPHRASIA**

**Happy Birthday to our Saintly Mother
who is the greatest Spiritual Founder
and mentor of our congregation.**

**I will be forever grateful to God, for calling me to be a
daughter of a Spiritually Majestic Mother, YOU.**

**I am drawn to God whenever I reflect the beauty of your life, so pure, so
compassionate, so vigilant, so righteous and
so lovable...and each sigh was to the Glory of God and
salvation of souls.**

Dear Sisters,

For seven weeks, we reflected on the saintly and gigantic values of our dear Mother Foundress, hidden in her letters, written in different circumstances. We saw that Her religious life was an absolutely exceptional witness by the authority of her holiness, her wisdom, her insights and her greatness of soul. God Himself hasten to glorify His faithful Spouse, who lived only to love Him and to win souls for Him.

She was a Woman of the time, with the Spirit of Wisdom, Light, and Strength, which God poured out on our venerated Mother and Foundress, not only upholds our Institute, but continues to extend it, and to increase the numbers of its Houses. With what purity, what innocence, must the soul of our venerated Mother has been filled; what grace and strength must not God has



bestowed upon her, whom He chose among a thousand, to confide to her the hallowed mission of bearing throughout the world healing to souls defiled by vice.

We all want to be happy and live more fulfilling lives in our religious life. No need of any eminent qualifications, highest skills, honorable positions or super intelligence; whatever we pick up from St. Euphrasia's spirituality need to be immediately actionable and practicable in us and subject to validation through your own experience.

Leading a positive life is a MUST, if you want to cope with the day-to-day challenges. A life full of negativities, worries and mental blocks can help you get ill more quickly. And it is not that worrying or being negative will change things.

On her 225th years great birthday, I felt to share with you on some of her direct requests from the sisters those days whereas she expects the same from each of us today. Our best Birth Day gift for her could be, trying to live on what she desires from us.

“What are we doing in this world, and why are we here, if not to help our neighbors?”

“One person is of more value than the whole world”

- St. Mary Euphrasia

My Very Dear Daughters,

Letter 703:

“Yes, my dear Daughters, Lord will bless your Holy and intrepid courage. You honor the institute, which cherishes you above everything.”

Letter 706:

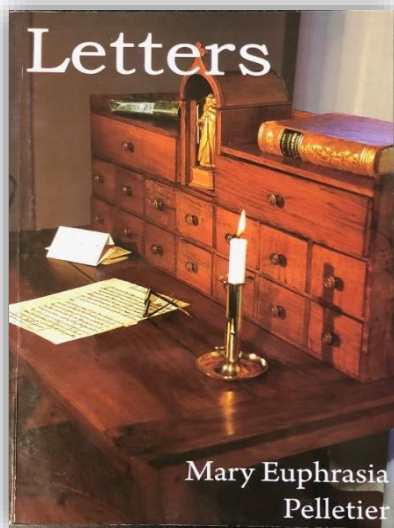
“ My beloved Daughters, let us be more and more faithful, models to our sisters, by our piety and regularity and our desire to seek only God and His glory. Let us uphold the good spirit of our congregation.”

Letter 708:

My dear daughter, I want to know if you have zeal and attraction for this mission as well as courage, confidence in God and especially the hope of success.

Letter 710:

“ ...You my very dear daughters, prolong my life sweeten its bitterness, strengthen its hopes and bring all Holy projects to completion. “



Letter 714 :

“ I rejoice greatly to see you merge from the waters of tribulation, free from discouragement, ready to begin again with renewed zeal.”

Letter 716:

“ Let us be faithful to so many graces and favors! Let our sisters, old and young renew themselves. “

Letter 717:

“ My dear children, take courage; reanimate your strength by greater favors and holy regularity. Love one another with a tender charity.”

Letter 718:

“ Let me assure you that human weakness from whatever source will not put a stop to your progress. For a ray of Divine light illumines your path.”

Letter 721:

“Dear daughter, ask the Blessed Virgin to complete this work of grace, which her heart and yours have so well begin.”

Letter 723:

“How dear you are to me; dear daughter my soul will always be intimately united to yours! “

Letter 725:

“ You will do much more for your salvation by submitting obediently than by doing your own will.”

Letter 725:

“What you tell me of the gentle unity existing among you is very consoling.”

Letter 726:

“I believe the congregation will expand everywhere. Let us then be very holy, my dear daughters, let us love God and our neighbors more than ourselves.”

Questions for reflection and sharing :

- “ My beloved Daughters, let us be more and more faithful, models to our sisters, by our piety and regularity and our desire to seek only God and His glory”. (Letter 706)

How do I resemble my Saintly Foundress in these aspects?

Prepared by

Sr. Marie Ayesha Fernanda

